



# Research Portfolio

Case studies and testimonials



# INDEX

<b>Introduction by Janet Galipo.....</b>	<b>2</b>
<b>Physician's Short Takes.....</b>	<b>3</b>
Dr. Nancy Werner.....	3
Dr. Laura Stuve.....	3
Dr. Kerry D'Ambrogio.....	4
Dr. Eliane Muller.....	4
Dr. Adriana Velloso.....	4
Dr. Peter Hanfileti.....	4
<b>Practitioners and Patients' Short Takes.....</b>	<b>5</b>
<b>Case Studies.....</b>	<b>29</b>
By Janet Galipo.....	29
By Liliam May.....	31
By Janet Galipo.....	33
By Laya Seghi.....	35
By Anna Gibson.....	37
By Janet Galipo.....	39

# INTRODUCTION

Americans are using more and more healthcare alternatives. In 2005, in a report entitled Complementary and Alternative Medicine, the Institute of Medicine (IOM) formally adopted this definition: "Complementary and Alternative Medicine is a broad domain of resources that encompasses health systems, modalities and practices that include resources perceived by users as associated with positive health outcomes."

**Who is using alternative therapy? What therapies are they using? For what problems and concerns?**

The answer is: more and more people are using "out of the box" therapies and modalities for everything from back pain to depression to complex internal medical conditions. Surveys show that a large majority of conventional physicians are interested in alternative therapies and want to know more about them. Their patients are demanding it. A great many of the nation's 125 medical schools – over half – offer courses in alternative forms of healthcare. The number of patients who seek alternative medicine on a day to day basis is between 35-62% of the general population, depending on whose counting.

This exceeds the combined visits to family doctors, internists, gynecologists and pediatricians. So, there is a shift occurring within our healthcare system, and medical doctors along with many others are trying to understand what is happening.

There are several major challenges we are facing within healthcare today. Of all of these issues, two are dominant. First, we have to make health care affordable for everyone. Second, we need to begin utilizing healthcare systems which can be implemented easily, are safe, and are of significant benefit to a large percentage of patients.

**This is where BodyTalk comes in.**

It is an energy based modality that uses either hands on or hands off techniques – requires no medications, no equipment or procedures and has no known side effects. Both practitioners and clients can be trained in the technique. The patient can learn to do many of the protocols themselves which encourages health maintenance and prevention within a family. The system works according to information that is transferred to the client's body to stimulate the client's own innate ability to heal.

**BodyTalk works by:**

1. Recognizing that the health of each individual is a unique blend of factors which must be addressed according to their specific needs. That's why two individuals experiencing a similar symptom of shoulder pain will be balanced according to exactly what they require.
2. Addressing the stresses of daily living which can compromise the body's innate healing ability and lead to degeneration and illness, and
3. Focusing priority attention on neglected or compromised areas of the body which have eluded other medical practitioners or diagnostic tests.



# INTRODUCTION

Mainstream medical techniques, including the use of surgery and pharmaceuticals, are appropriate to be utilized in cases of trauma, acute syndromes, and in serious cases of progressive disease. But what about the rest of the time? What happens in cases of early systemic imbalance – the migraine headaches, the digestive system upset, the spinal pain, the low level of depression that defies allopathic intervention. What about the mysterious illnesses that appear one day and are accompanied by seemingly non-related symptoms that begin to unravel a person's health and life. Where can these people go for help?

Yesterday, a 12 year old boy came to my office. He was referred to me because of persistent stomach pain and recurrent severe digestive difficulties. Doctors had removed his gallbladder when he was seven years old but the pain and problems persisted. His father estimated that they had made at least 25 trips to a children's hospital. There is no help for this boy within the parameters of western medicine. The nature of his digestive difficulties will continue to elude his physicians because, according to the allopathic system, there is no existing paradigm for what is wrong. The solution lies within a healthcare model which understands the body as an interconnected matrix, a body-wide communication and support system vital to all functions. Without this understanding, and the proper tools with which to address it, this child has no hope of ever experiencing his system restored to normalcy.

Today, there is intense interest in far reaching holistic solutions to healthcare problems. Successful practitioners of these modalities cannot keep up with the demands for their services. The major challenge now is how best to disseminate this information so that it becomes widely available. The following quotes, testimonials and case studies are the first step towards raising public awareness that these modalities exist and can be used by the general public to enhance their healthcare options. This recognition will serve as a springboard to the development of pilot studies and to the utilization of outcomes measurement tools that can begin to track results.

Michael Dixon, the Director of NHS Alliance states that "people argue against complementary therapies on the basis of lack of evidence. But I'd say only 10% of what doctors do in primary care is evidence based."

BodyTalk is interested in addressing how natural healing gets disrupted and then doing something about it. The following pages speak to this remarkable process.

# Physicians' Quotes

What Physicians are saying about **BodyTalk**

**I've** applied the BodyTalk System Protocol in my own general practice for the past 5 years, and I have seen the advantages of incorporating this system into conventional allopathic medical practice. I've observed and documented excellent clinical progress on the part of many dozens of patients. When I compare the progress of my BodyTalk patients to the progress of my patients who prefer only conventional treatment, I notice that the BodyTalk group improves in clinical signs and symptoms by a factor of 2 or 3 times faster – conservatively.

- Nancy M. Werner, M.D.

---

**BodyTalk** has completely transformed my professional life. I have been so impressed with the healing power of this system that I left a successful career as a research director in the Biotech industry to study and practice BodyTalk. It has given me a whole new understanding of health in the body relating to the interconnection of cellular repair mechanisms with emotional energy from our past history and our belief systems. Amazingly, I feel like everyday in my practice, I draw upon expertise from my PhD training in molecular biology, only now it is integrated with many other perspectives of the bodymind, from quantum physics, to the ancient traditions of Chinese and Ayurvedic medicine.

- Laura Stuve, Ph.D.

**Each** day as a practitioner I am faced with the challenge of trying to understand, communicate and make a difference with each of my clients. It is very easy to get caught up with the symptoms and loose perspective of what is really going on. From the many modalities that I have to offer my patients, I find the BodyTalk system invaluable to balance client communication issues and to help decide what treatments to utilize. Practitioners are all faced with the same three questions. Where do I start? What do I do? And when am I finished? BodyTalk seamlessly orchestrates each of my sessions by helping to integrate each of my approaches to what the client needs that day.

- Kerry D'Ambrogio, D.O.M

---

**As** a Homeopath doctor, when I implemented BodyTalk in my practice it complemented my consultations greatly. It made the healing process of many patients a lot quicker. I realized that many patients do not need medications for their complaints; instead, they need an energy balance in their organism.

- Eliane Muller, M.D.

---

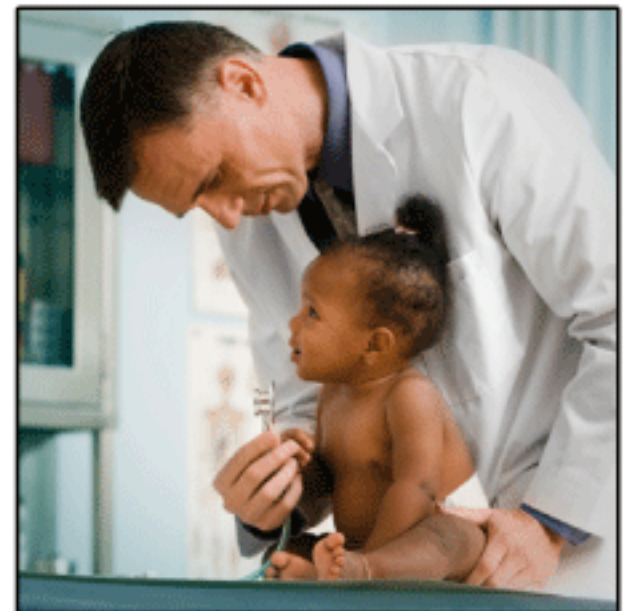
**After** integrating BodyTalk with my practice, I experienced an upgrade in the quality of treatments I give to my patients. BodyTalk has widened my knowledge in different areas of my work; For instance, when I'm challenged with new diagnoses, I now look at holistic approaches. BodyTalk has also made me review the concept that the physician holds the knowledge that will lead to cure the patients. I now look at it as the inner wisdom of the patient that reveals the necessary information within the patient's body that need to be addressed.

- Adriana Velloso, M.D.

---

**An** energy medicine modality like BodyTalk is efficient because it requires only one trained person, it is easy to learn the basics, uses hands on treatment - no medications, equipment or procedures, no side effects, no known dangers. Risk/benefit ratio is excellent. The patient can actually learn to do many of the protocols themselves, encouraging self treatment and treatment of family members like parent and child. The key to this system is that information is transferred and the treatment can serve as a catalyst for ongoing healing and rebalancing by the person's own underlying system.

- Peter Hanfileti, M.D.





“I was in the most excruciating pain that I had ever experienced in my life. I had developed a hematoma in my spine, which was putting pressure on my sciatic nerve. I had a BodyTalk treatment and I felt great. I did a follow up at the Doctor's and he was amazed at the results because my hematoma was gone.”

- V.G., Miami



“In November of 2004, our daughter was diagnosed with Systemic Juvenile Rheumatoid Arthritis (JRA). We can't even begin to tell you how much the BodyTalk has helped. To date, she does not have any signs of Arthritis and her daily fevers and rashes have all together stopped. Also, after we started the Long Distance BT, her labs have returned to normal. Her Pediatric Rheumatologist has not had a child get better as fast as our daughter. Not only does our daughter receive long distance BT, but also our four month old son, my husband and me.”

- J.K., Michigan

## SHORT TAKES

**Severe** chemical food sensitivities, especially corn, along with nervous system damage from a pesticide reaction, were experienced by a patient. After exposure to corn, client was unable to speak or use legs/hands (spastic) for a few days. After a BodyTalk session, client went home and ate a bowl of popcorn, and was exhilarated. “Now I can eat whatever I choose!!!” Client is still wary of chemicals but does not experience the severe reactions, if exposed, as he once used to.

- M.C., FL

**Chronic** arthritis pain, swollen ankles and feet, asthma and bronchitis triggered by cold temperature, and knee pain. Patient was plagued with these symptoms. Now, after about ten sessions, the arthritis pain is gone, knee pain is continuing to lessen, asthma and bronchitis are gone. There was no more spending \$200 a month on inhalers. Feet and ankle swelling have almost returned to normal, and had improved drastically after one or two sessions. Patient is experiencing unexpected benefits apart from their initial stated goals!

- D.C., Florida

**During** a knee operation the surgeon removed the wrong cartilage! I suffered pain ever since and a total knee replacement was recommended by another Doctor. I received a BT session before being admitted to the hospital and another one straight after the operation. My surgeon told me to use crutches for 3 months and then a walking stick for another 6 weeks, but 2 days after the operation I was happily walking up the corridor to the shower. After 10 days at home, receiving BT Access twice a day from my wife I had virtually no pain, and threw away my crutches.

- M.T., New Zealand

**“In** only one session with a client, a horrible past memory of certain things done in her life when she was a child came up. Without going into detail, suffice to say that after 14 suicide attempts, not having a night without nightmares, not being able to have anyone touch a certain part of her body, this woman ran into the class that next morning and hugged me with tears rolling down her face. "I didn't have a nightmare for first time in about 36 years or so." I have had follow ups with her and her life has changed dramatically!”

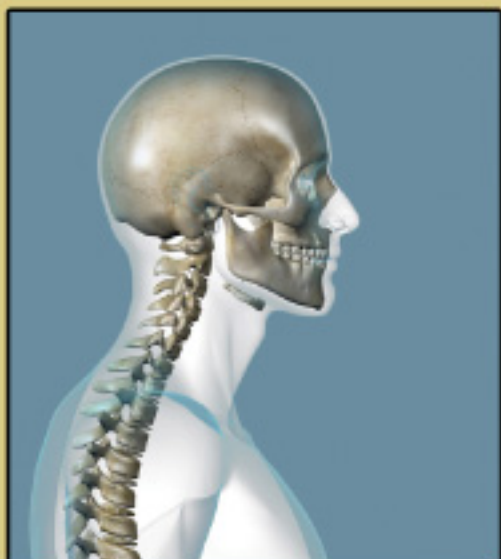
- R.W., Gran Kayman

**Client** said she had been battling with severe constant headaches for 3 weeks, and was taking strong pain killers that were not helping. I did a BodyTalk session on her, and immediately after I had finished, she was so surprised, she actually swore, and said the pain was gone. She has not had one headache since, (in the last week), not taken one more pain killer, and canceled the cat scan the doctors suggested she have.

- T. E., South Africa







“

I have worked as a successful health care therapist for 7 years prior to taking the BodyTalk training. Within days of completing the training my success rate with clients immediately escalated. Clients have profound results, physically, mentally, and emotionally, with just 1 session. BodyTalk locates and removes blockages in their subconscious regarding events that the clients had often forgotten about, this is of course amazing for the clients and myself. BodyTalk has removed lifetime phobias, emotional blockages, and physical pain, often chronic, with just one session in some cases! The detail which BodyTalk can access and heal is astounding, and of course as a health care system for disease prevention it is accessible for everyone. BodyTalk will revolutionize healthcare as we know it.”

- A.G., Ireland

**Client** had suffered with lifelong asthma that is treated with steroidal inhalers and other drugs. She experienced regular shortness of breath, knee pain, digestive issues and mental foginess. After just 2 BodyTalk sessions, her breathing is much improved and deeper, her knee pain is entirely gone and her digestion has improved significantly. Her mental clarity has improved so much she says "My mind hasn't been this clear in 20 years and I've had no trouble making decisions!"

- A.R., TX

**Nine** year old girl (my daughter) was complaining of tooth pain. Upon inspection I saw large white pustule on bottom gum with much swelling. looked almost like a canker sore but much more intense. The inflammation was under a tooth that she has had a lot of problems with in the past, including a baby root canal. I performed Access and followed up with Body Chemistry 3x at intervals of 30 minutes or so. I did Access again the next morning just one time and by the evening the pustule was completely gone and the inflammation was greatly reduced and she announced that she had no pain whatsoever!

- R.M., WA

**A** sixteen-year-old female was beginning to go into what appeared to be an anaphylactic shock after eating something at a restaurant. She was frightened and barely able to breathe. Practitioner began the treatment and was prepared to rush her to the hospital if results weren't immediate. With a first "5 elements" link, she indicated that there was a change in the throat. The second link opened her air passages. By the time they were finished with body chemistry and active memory to the incident, she was calm and breathing normally.

- BT instructor, Canada

**An** 11 year old boy cut himself on his hand by the thumb and needed stitches but all the doctor's offices were closed as it was Sunday. The mom began doing Access for two or three times and bandaged him up. Though she did not take her son to the doctor or give him an antibiotic, about 1 ½ weeks later, everything had healed nicely.

- S.K., South Africa



**Constant** constipation from a young age, general low energy, and neck and shoulder tension were the client's complaints. After one BodyTalk session, her constipation cleared up, she became regular. Her energy has improved and maintains at a higher level. After a few more sessions her neck and shoulder tension dissipated enormously.

- L.G., TX

**A** woman who was suffering from insomnia for about ten years skeptically requested a BodyTalk session. She had not slept more than 3 or 4 hours a night for many years. After one session, she slept for 7 hours. After several BodyTalk sessions that addressed a variety of emotional factors, a normal sleeping pattern was finally established.

- Client, Miami

**Surgery** to remove a tumor near the sciatic nerve left a client's foot in pain for six years. It also left her small toe jutting out of place. After two BodyTalk treatments, her toe went back in place and her pain was gone. "What a tremendous difference!" she wrote gratefully.

- N.S., FL



**My** most remarkable experience with BodyTalk is as a practitioner. I have shifted out of the "overcaring" mode," I am much more present with people, and I work from the heart.  
- L.C., Florida

**A** client complained of having to urinate 3 or 4 times during the night as a result of an enlarged prostate. He found it difficult to get a night of rested sleep. But, after two BodyTalk sessions, he happily reported that he no longer woke up more than once per night.  
- T.K., Miami

**Client** complained about abdominal pain from two surgery scars that did not heal very well. The scars were affecting his movement. He also mentioned his low libido and low energy. After three BodyTalk sessions his pain was much improved, as well as his energy levels and libido. - H.S., TX



**A** client's parents living in Siberia both contracted influenza and were very weak and ill. The entire village was suffering from the outbreak and the hospital was full of sick children and the elderly. A number of BodyTalk distant treatments were given for this client's parents. A day later, the client reported that her parents were doing much better.  
- Instructor, Canada

**A** mother and grandmother took the Access class to help their 3 year-old son/grandson with severe eczema. They chose to conduct the Access program on the lad three times a day before taking him for his first BodyTalk treatment. By the time he arrived for the first BT session, only two very small red spots remained on his body.  
- R.K., Australia

**“After** her first BodyTalk session, my daughter's drawing changed dramatically. She went from stick figures to 3 dimensional, fully featured representations. It was an amazing, spontaneous shift in her perception! And, my 3 year old son had suffered from chronic, painful constipation. After his first BodyTalk session, his bowel movements became regular, easy and pain-free.”  
- N.R., Canada

**A** 75-year-old woman sought BodyTalk treatment for excruciating pain she had suffered in her pelvic area for five years. The doctors were unable to establish the cause of the pain and gave her the diagnosis of "pelvic floor myalgia." She had been managing the pain with drugs, but the morphine she had been taking was not working any more. After the first BodyTalk treatment, this client experienced some relief from the pain, but it lasted only for a few hours. Over the next week, she reported that the pain-free periods were increasing. She has continued to conduct self-treatments and is currently pain-free.

- K.S., Canada

**Beyond** reducing dependence on drugs and/or surgery, what I see BodyTalk doing for my clients who choose conventional medicine is significantly shortening their recovery times, while overcoming the undesirable secondary effects of drugs & surgery. After years of chronic disability or disease, clients and their families who come in with an air of resignation or despair rediscover the meaning of the word "hope" thanks to the improvements they notice during or soon after their sessions. - N.W., Mexico

**“A** 25-year-old woman was diagnosed with a cyst on her right ovary. It was causing her pain and discomfort. She was scheduled for surgery to remove the cyst, but wanting to avoid the surgery, she chose to look for alternative methods of shrinking the cyst. Approximately one week after her first BodyTalk treatment, she phoned to inform me that she had taken another ultra sound test in preparation for the surgery. She was excited after performing the test because the technician exclaimed: "What if I told you that it was totally gone?" Apparently, her body had reabsorbed the cyst within a week after the BodyTalk treatment! ”

- Instructor, Canada





**Client** has suffered lower back pain and leg numbness for the last year. The pain made sitting for long periods uncomfortable. After just two BodyTalk sessions, her pain is much improved and she has not experienced any further numbness.

- M.N., Texas

**Body** aches, pain, and general stress were factors that were affecting his well being. After two BodyTalk sessions he has experienced 80% improvement in pain and a 50% improvement in digestion and energy levels. "This is amazing, and so simple and effective!"

- D.F., Florida

**Client** was complaining of low back pain for the last few years, which was affecting his workouts and sleep. After 2 BodyTalk sessions his back pain was completely gone.

- V.M., TX

“**Fear** of heights and flying controlled my life. After just two BodyTalk sessions, my fear was gone! I can go up in tall buildings without fear, and I've flown 35,000 miles with no problems - I can finally visit my daughter in Hawaii! BodyTalk has enriched my life.”

- P.J., Canada

“**I** had been having severe panic attacks for several months and had been to many doctors. Nothing seemed to help not even strong medication. I was cured after one BodyTalk treatment.”

- F.L., Brazil

“**I** had an ulcer in my eye and received BodyTalk treatments. It healed so well and the eye doctor was so shocked at how it healed. He said that it healed about 10 times faster than he's ever seen an ulcer heal before!”

- L.M., Miami

**The** combination of many healing systems is what makes BodyTalk so great. Our natural balance can be restored and our body can be healed on many levels all at once. It is especially helpful for children!

- A.D., Florida



“**A** 10-year-old boy with Autism came for a BodyTalk session. When I first saw him, his mom said his anger, aggression and anxiety would be 9.9/10 at times. After our first session, she said all the above issues were gone. She says that at times she notices he gets frustrated but stops himself from acting out. She told me for 10 years he never showed any interest in potty training and after 1 session, he began going to the bathroom by himself.”  
- M.M., FL

---

**An** eleven month old baby had warts spreading on his face, near his eyes, since the age of 3 months. As his pediatrician could not eliminate the problem, he was referred to a top specialist in pediatric dermatology – a two month wait. Meanwhile, he had one BodyTalk treatment. Within two days, the warts began to dry up and fall off. With a follow-up treatment, his condition returned to normal.  
- L.K., Miami

---

“**My** niece was feeling car sick during a short ride to a baseball game. Her mom started doing cortices and when she finished tapping, her car sickness was gone.”  
- B.M., USA

---

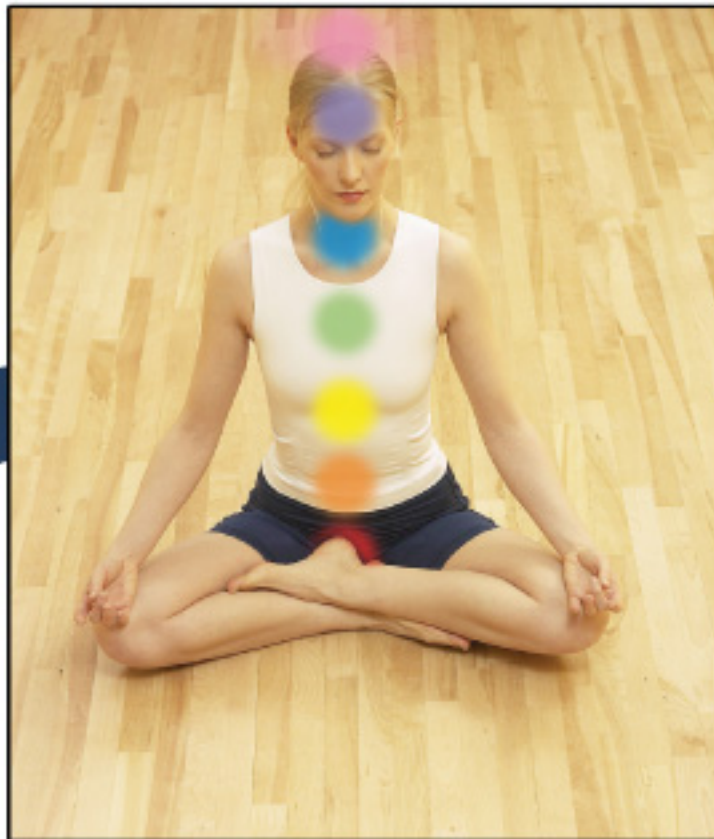
“**My** child's nervousness and anxiety have almost entirely disappeared. He is much more relax and easy going now, thanks to his BodyTalk sessions.”  
- M.T., Brazil





**Client** has complained of long-term anxiety and general nervousness, affecting her quality of life. After an on-going series of BodyTalk sessions for regular health maintenance, her anxiety and nervousness is completely gone and she has experience immense personal growth. She looks younger, has very good energy levels, has no more allergies, is no longer afraid to experience life.

- C. M., Texas



“**BodyTalk** is an answer to that quest. The simplicity & directness to the source of imbalances is amazing. Clients are recovering from injuries more quickly and find that their quality of life has improved. Because of its effectiveness my practice has expanded with a constant referral base.”

- H.B., Canada

“**BodyTalk** has helped to resolve several physical and emotional issues. It helped to diminish both chemotherapy and radiation side effects. I also used to be quite allergic to cats and after one session I no longer have any symptoms, even after playing with cats! It has also helped to resolve my hyperthyroidism and all of its symptoms. It has had truly miraculous results in so many aspects of my life.”

- E.M., Florida



“**My** youngest son, Ty, was diagnosed with a rash called “molluscum”. I was told by doctors that it takes one to two years to go away on its own and they do not treat it. So for one week I did all Access techniques with Ty focusing on the Body Chemistry. Now (four weeks later), the rash has almost completely disappeared.”  
- S.S., Canada

“**Slight** scoliosis in lumbar spine was the chief complaint, but client also suffered from low back pain, cold and sensitivity to drafts, and digestive gas relating to the curvature of spine blocking normal “flow”. Couple of weeks later, client realized that he was no longer losing hair. BodyTalk had addressed the kidney complex, which in Chinese Medicine addresses male balding pattern. Draft sensitivity has also improved.”  
- H.P., Canada

“**At** thirty-seven weeks of my second pregnancy, I was told that the baby had turned from the birth canal and she was breeched. My OB-GYN was thinking of scheduling a csection. I immediately spoke to a BodyTalk practitioner and after one BT session my baby was back in the birth canal! I had a wonderful natural birth four weeks later.”  
- L.P., Florida

“**Sleeplessness** has been an issue for the past 20 years. At my BodyTalk session, one of the things addressed was the pituitary link to hypothalamus. After the session, I have been sleeping like a baby every day. I feel very happy and energetic after this session.”  
- R.C., Florida





“I happened to be passing by the Vienna Marathon, when a female runner collapsed and fell unconscious in the street in front of me. I was immediately at her side doing Access techniques to stabilize her. The ambulance and medics took some time to arrive and apply oxygen. Meanwhile the woman had slowly regained consciousness and then was taken to the Hospital.”  
- S.G., Australia

“I worked with my friend's 10-year-old child who had problems with learning and fear. He had been seeing a therapist for 2 years for his ADHD and other problems, but it was in vain. After the 1st session with him, he became less hyper. Three weeks later he overcame fear. He has grown taller now (he did not grow for awhile because of the drugs he was on) and has put on weight. He has also shown a lot of progress in school.”  
- P.G., Canada

“**BodyTalk** has greatly alleviated my hot flashes and night sweats. It has also given me more mental clarity, inner peace, and confidence. Even my husband has noticed continuing changes in my mood and behavior! It just makes sense to me that my body knows what it needs to heal itself.”  
- S.S., Florida

**Psoriasis** bothered her for years. BodyTalk practitioner used Neuromuscular biofeedback to retrieve the emotions of anger and betrayal so that they could be neutralized. She received about 10 sessions of BT. After the 8th session, psoriasis was completely gone.  
- B.D., Florida

# Oregon Elementary SHORT TAKES

**An** Access trainer, S.W., in Oregon, ran an eight-week experiment in an elementary school in Oregon, in which both students and teachers received Access sessions twice a week. Here are a few remarks from the participants:

**BodyTalk** really helps a lot of things, like math, recess, and art. It helps my mind work out things. BT is an all around helper. - 5th grade girl

**It** helped me not to get sick and to take away stress. It helps me to be more relaxed, joyful and kind. - 6th grade boy

**My** daughter has been happier and has adjusted more easily to the many life changes taking place. - 3rd grade parent

**My** daughter seems to be doing better in spelling. Also when she had a cold, she was not sick for as long as in the past. - 2nd grade parent



**I** am always more relaxed and grounded after a session. The reciprocals helped to balance my body and hold my chiropractic adjustments longer. The children enjoyed the sessions and those in need of greater balance in their lives seemed to benefit the most. Students were generally more cooperative with each other (and me) and in better control of themselves; more flexible too.  
- 1st grade teacher



**Client** was two years old at the time and suffered frequent ear infections and as a result was always on antibiotics. Her parents took her to an Ear, Nose, and Throat doctor who told them that she needed surgery to have tubes placed in her ear. They weren't comfortable with the idea of surgery and did not schedule it right away. William then contacted a BodyTalk practitioner who showed him two techniques to do at home. He did these techniques 3 times over a 5 day period (1st, 3rd & 5th day). Since then she has not had an ear infection and has not needed the surgery.

- B.E., Florida



**Sparkly**, a dog, drank from a puddle of antifreeze late at night. Owners lived in an area where emergency veterinary care is not available. Throughout the night he became lethargic and disoriented, with loud noises coming from his belly. After Access was applied he had diarrhea and then immediately perked up for several hours. Access was applied every few hours all night long. By morning, he was alert, happy, and fully recovered from the poison.

- A.T., Missoula

**Hives** occurred after eating garbanzo beans, but there were no other known allergies. Client has taken benedryl for the hives for a long time. Client decided to try BodyTalk to treat Phenylisothiocyanate allergies. Phenolic compounds occur naturally and give characteristic colors, flavors, and odors to foods and help to preserve them. After 2 sessions client now eats beans! Addressing this issue early helps to avoid compounding causes of additional food intolerances and later food allergies.

- A.S., Florida

**A** four-year-old boy had many allergies including corn, wheat, eggs, peanuts, and grass. At least every other week he would have cold symptoms and asthma. Because of his allergy to grass, freshly cut grass especially, he had to stay indoors with the windows closed when they mowed the lawn at home. If the grass was recently cut at his daycare, he couldn't go out and play with the other kids. Since his sessions with BodyTalk in 1998, he is no longer bothered by his allergies, except for the occasional asthma he experiences during flu season. He regularly eats corn and corn products, peanut butter sandwiches, and eggs and has no reactions.

-J.E., Florida

**“**I had an acute episode of this long-lasting and painful problem (acid reflux) and was considering different self treatment options when I remembered fast aid. I linked cortices to the esophagus, and there was an 80 percent immediate improvement.**”**

- B.S., UK

**“**I decided to do the Access program on all of the girls of my daughters' hockey team. After we finished, the girls were amazed at how relaxed and calm they felt and how energized they were. Making goal after goal they won 8-2. The coach said that he had never seen the girls this lively on the court before.**”**

- T.E., South Africa

**In** 1999, client suffered from bladder infections for over two years and was constantly on antibiotics. Her first BodyTalk session linked the cheekbones to the pubic bone and it's been almost 5 years that she is free from bladder infections.

- S.K., Florida





“**Smoking** stopped after receiving BodyTalk treatments. I’m using the “tapping out the cortices” procedure on a daily basis. Among the issues I wanted to address were stress and nicotine addiction. Although we have only completed the first of the three sessions, I have experienced much deeper and less interrupted sleep and have been free of tobacco use for three weeks.”  
- D.S., Louisiana

---

“**BodyTalk** was instrumental in helping me heal from injuries I sustained in a car accident. It has become a very effective form of preventative healthcare for myself and my sons, now ages 21 and 17. Receiving regular BodyTalk sessions enables us to remain balanced while living busy, active lives.”  
- S.W., Oregon

---

“**After** 11 years of constant neck and shoulder pain and treatment by a myriad of health professionals to no avail, I decided to get BodyTalk treatment. In just one visit, as if by magic, the pain finally left. BT is amazing!”  
- M.W., Florida



“**I** was very stressed out. Anxiety and depression plagued me during the day; insomnia and Gastro-esophageal reflux disease plagued me at night. I had enough, so I went for my first BodyTalk treatment. I was amazed. In 10 seconds they told me I had been suffering from a life-long allergy to sugar. The BodyTalk treatment enabled me to dispel long standing sadness. I’ve only had 4 treatments so far, but I feel terrific. My blood sugar is normal, the panic attacks, the symptoms of GERD and my insomnia have disappeared and I am in control of my emotions.”  
- M. K., Florida

---

**Acute** mastitis, very inflamed, painful right breast was her primary concern. She had previously been to other doctors and had taken medications, but this did not work. She was told to wait it out because at the moment there was nothing they could do. Instead, she decided to go to her first BodyTalk session. Two manual lymph drainage sessions over a period of three days sessions cleared the inflammation completely.  
- A.P., Florida

---

**He** came home one day with bacteria in his blood from an unknown origin. He was hospitalized for 6 weeks. In the hospital he was given antibiotics to cure the infection and his knee was cut open. The hole was not healing, and a skin graft attempt was made two times which was not successful. Once out of the hospital, he went to see a BodyTalk practitioner. He had three sessions, and with each session his knee mended more and more. The knee is now completely healed.  
- V.N., Florida

---

“**I** suffered with Grave's disease for two years and went to many different doctors. I went for a BodyTalk treatment and my thyroid is now normal. I got my life back!”  
- K.M., Texas

“**I** had pelvic pain and inflammation for three years after a cesarean section surgery. Now, after 3 BodyTalk sessions, I am well.”  
- A.F., Florida



**“**I used to get many yeast infections. At the time I went to get BodyTalk treatment, I had a really bad infection. I got a treatment and a few days later the infection was much better. A week later it was gone, without medication. I haven't had a yeast infection since.”  
- A.S., Florida

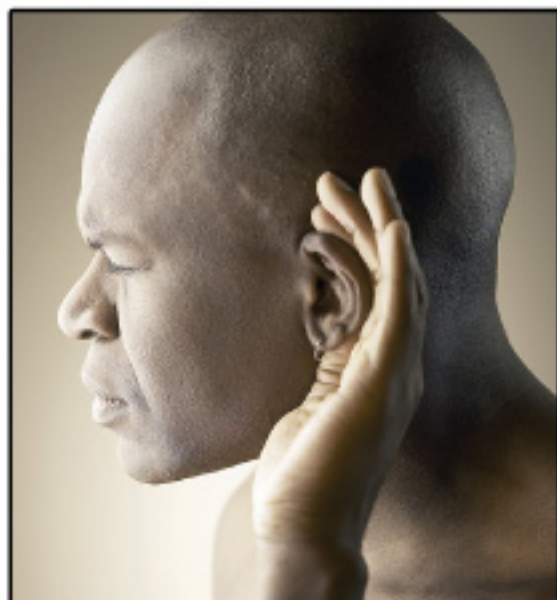
**“**My 13 year old son was diagnosed with Lyme's disease at the age of 4. Since his first BodyTalk treatment his health improved and he has been drug free. His Lyme's symptoms have all but ceased. He is a normal kid for the first time in eight years.”  
- L.N., Florida

**“**I was Diagnosed with Multiple Myeloma (a type of bone marrow cancer). While in remission, I felt exhausted and in pain. My white blood cell count was abnormally low and my immune system was compromised. Through the BodyTalk treatments, acupuncture, and Chinese herbs, I continue to be in remission, though I stopped taking Thalidomide over 6 months ago.”  
- C. H., Miami

**“**In the past six years I have witnessed many physical and psychological healing miracles amongst my clients. By improving their bodies' natural internal methods of communication, clients overcome infertility, hormonal imbalances, digestive disorders, cancers, traumatic stress effects, eating disorders, obsessive patterns, anxiety, depression, and a multitude of physical injuries. Surgical recovery times are typically reduced to a third of the projected duration. BodyTalk clients also report greater quality of life due to enhanced self-awareness and sense of life purpose.”  
- S.S., Oregon

**“**After suffering with chronic pain for about 10 years, I was really searching for something to help me heal and be pain free. I had tried so many things like physical therapy, acupuncture, belly dance and yoga. While they all helped to an extent, I was really only functional. I still suffered with back, hip and leg pain. After three BodyTalk sessions, 80% of my pain was completely relieved, and now with continued BodyTalk sessions, I've actually been pain free for over 2 years!”  
- J.S., Houston





“**When** I came to the office with an inner ear infection I had no idea what BodyTalk was or what it could achieve. I had not being able to move my head for eight weeks without feeling dizzy or nauseous, but after just one BodyTalk treatment I have improved tremendously and I have had no re-occurrence of ear infections after two years.”  
- D. F., Miami

---

“**Skin Cancer** runs in my family, on both sides. When a mole showed up suddenly, with a dark, bumpy, irregular surface I went for a BodyTalk treatment. About a week or ten days after my BodyTalk session, my mole was itching. As I scratched it, the icky, brown, bumpy surface peeled away, leaving behind it a pinkish spot, now simply an "age" spot. I laughed at that moment as I was reminded of the powerful healing of this system.”  
- G.O., NY

---

“**BodyTalk** helped to cure my chronic bladder infections. I had been suffering from recurring monthly bladder infections for over 10 years and had been on antibiotics for an entire year. The doctor I was seeing at the time told me I would have to be on them for the rest of my life. I went for a BodyTalk session as a last resource and miraculously, within 3 months of treatment, I was cured! This took place in 1999 and since then I have had maybe 5 bladder infections, which have all cleared up very easily.”  
- K.H., Miami



**“With** BodyTalk treatments I obtained significant health benefits in areas beyond the scope that I was originally seeking.”  
- R.R., Miami

---

**“Severe** neck pain did not allow me to lay on the back of my head. This pain had existed for a long time. After I received the first BodyTalk treatment, I felt a lot better after two days. I received another treatment 2-3 weeks later. I still had a little bit of pain but after that second treatment it was completely gone.”  
- D.P., Miami

---



**“I** had body talk done just a few weeks before the birth of my daughter, with fantastic results. Not only was I able to leave the hospital in 3 days following my c-section, but my daughter was also very healthy and content.”  
- T.C., Ontario

---

**“Initially** I got BodyTalk for a back problem. I received total relief for my back, and I also received a myriad of other health benefits. BodyTalk is a great way for obtaining optimal health.”  
- E.K., Florida

**“I** had fibroids for a number of years. I used birth control to stop the bleeding. I went off the birth control in my 50's. After 3 sessions with BodyTalk, I went back to the doctor and had an ultrasound. The fibroids have shrunk.”  
- N. S., Miami

**“You** have worked your magic again! After only 2 treatments of BodyTalk, I have been told by my doctors that my gallbladder is doing much better and they see no need for surgery in the near future. You are the greatest!”  
- E.B., Florida

**“**I got relief almost immediately from BodyTalk. It was miraculous! When you have a BT session it addresses so many things that are going on in your body; you can feel your systems reconnecting. When I finish a session, it's like I had a full body massage. There is an energy that flows through you that feels so good! I love the vitality and feeling of well being after a session.**”**  
- L.K., Miami

---

**The** third day following a BodyTalk session and the improvement continues. Client did not require any aspirin today, and felt more strength in their hips, knees, and ankles. Client did not smoke at all for two days and had no desire to smoke anything. Client also reported losing an additional pound and a half since session.  
- M.W., Ohio

---

**A** student was so excited to hear what the Cortices Technique could do for seizures that she decided to visit a friend who has a 6 year old daughter who had been suffering from epilepsy since age 3. She taught the Mom how to do the Cortices Technique for her daughter. The little girl had been having 1-3 seizures a day. Within a week, the frequency of her seizures fell to 1-2 a week. A month later, the little girl was checked in to Children's Hospital for testing, and they found no signs of the epilepsy, and were unable to even provoke a seizure!  
- Access Trainer, Colorado

---



**“**My 3 year old daughter had an autoimmune syndrome for 2 years. After 2 BodyTalk sessions, she showed a remarkable recovery and all symptoms disappeared.**”**  
- B.K., Pennsylvania



**“Since** my last BodyTalk treatment a few months ago I have much improved. My body temperature has risen but may be dipping again lately. The aches and burning/stinging pain in my bones has also gone thank goodness!”  
- N.O., Ireland

**Client’s** heart had been beating irregularly with disturbing palpitations for over a week. She came in for a BodyTalk session but had also called her cardiologist to schedule a stress test with thallium. After one session, her heart was beating regularly again. She cancelled her appointment with the cardiologist.  
- L.S., Florida

**After** a series of BodyTalk sessions, Frank got an “outstanding” report from his cardiologist. Although a previous heart attack had damaged his heart muscle, the cardiologist noted that his ejection fraction (EF) had improved 25% from his previous report.  
- F.T., Miami



**A** 21-year old woman had suffered from Temporomandibular joint pain for many years. About three weeks after her Access class she said: “I’m so happy I was able to take the BodyTalk Access seminar. My TMJ is completely gone and I feel like I have more energy. I’ve definitely noticed a difference!”  
- Access Trainer, Colorado

**To** his surprise, a patient’s suicidal ideation disappeared after his first BodyTalk session. With subsequent sessions, he became more tolerant of himself and others. “I feel more relaxed and happy as I go about my daily endeavors,” he claimed.  
- L.S., Miami

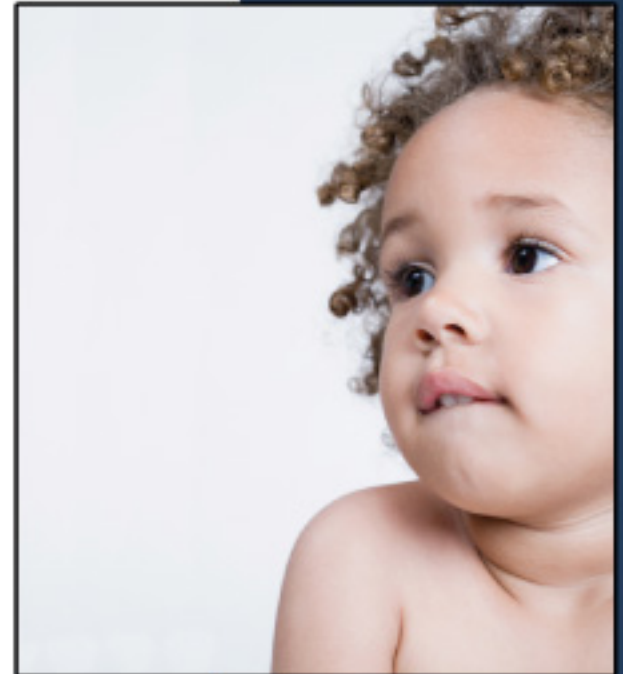
**“BodyTalk** has made a huge impact in my life. Having had a number of problems with my health and not being successful at conceiving over a number of years, a close friend recommended BodyTalk. Within two months of doing regular BT sessions I was pregnant with twins and I'm convinced that BT healed my body from within in order for me to conceive and the result was two beautiful healthy babies!”  
- A.T., Hong Kong

---

**Client's** cat allergy became increasingly severe over two years. Symptoms included a runny nose, clogged sinuses, sneezing, drowsiness, and itchiness in the throat, nose, and eyes. After one BodyTalk session, her allergies were reduced to a mild itchy nose.  
- K.T., Florida

---

**A** client in her late 20's had cancer and went through extensive chemotherapy. After a few sessions, her circulation improved, the excess sweating subsided. After a few months, she expressed interest in having a baby. The doctors told her that she was infertile from the chemo. She received BodyTalk sessions to address fertility. After 3 months she became pregnant. She continued with the sessions once a month throughout her pregnancy. She gave birth to a very healthy baby boy weighing in at 9 pounds! Both the baby and the mother are doing great. The mother is still cancer free and her son is happy, full of vitality and energy!  
- C.L., Vancouver





“**Seventy-two** year old female has a 7" ropey scar on her abdomen from a 12 year old hysterectomy surgery. She received a BodyTalk treatment and one week later 6" of the scar smoothed out and changed color from brown to pale pink.”  
- R.M., Washington



“**Osteoarthritis** and rheumatoid arthritis were causing the client severe pain in his joints. Client had to use a walker to get around. His first BodyTalk session was done while he was sitting up in a chair because he was too stiff to lie down. After his session he got right up and actually forgot his walker on the way out! A few months later, he no longer complains of pain.”  
- T.K., Sarasota

“**BodyTalk** sessions have helped me with chronic pain due to fibromyalgia, recovery from a total shoulder replacement, and degenerating discs in my spine. Most importantly, it has allowed me to work more effectively as a therapist and to live my life more freely and joyfully.”  
- K.P., Utah

“**Traditional** medicine had failed me. I visited many rheumatologists, but I never felt any relieve from my chronic pain. After a couple of BodyTalk sessions, I am now pain free.”  
- J.T., Pennsylvania

“**BodyTalk** has expanded my experience of understanding and knowing myself. Since I have taken the BodyTalk courses I have more insights into what is going on inside me, more appreciation for the wonderful being I am - we all are. It has given me a sense of hope and empowerment - I can do something to make myself well.”  
- S.L., Canada

---

“**BodyTalk** has helped me to resolve several physical and emotional issues. It helped me to diminish both chemotherapy and radiation side effects. I also used to be quite allergic to cats, and after one session I no longer have any symptoms, even after playing with cats! It has also helped to resolve my hyperthyroidism and all of its symptoms. It has had truly miraculous results in so many aspects of my life.”  
- A.C., Canada

---

“**My** dog, a 5 year Cavalier King Charles Spaniel, was diagnosed with progressive pancreatic failure, and she had lost nearly half her body weight. She was on pancreatic enzymes to digest any food she ate, but nothing was helping her. It came to the point that I had to make a decision whether or not to euthanize her. I took her for a BodyTalk treatment and eight months later, she is off her enzymes, active like a pup, and she even swims! I took her to the vet for a check up and weigh in, and he told me she has to go on a diet because she gained all of her weight, plus a little more!”  
- C.T., Canada





# CASE STUDIES

- \* These case studies are based on actual people whose names have not been disclosed in order to protect their identity.
- \* There are medical files on record for each of these cases.

**Patient:** N.S.

**Practitioner:** Janet Galipo

## Case Study Summary

N.S. is a 54-year-old woman who had been diagnosed with uterine fibroids for several years prior to entering our office in 2005. On February 10, 2005 N.S. was experiencing excessive bleeding and severe pain when she received her first BodyTalk session. She reported that she had been taking birth control pills for many years to control the bleeding but even this had not helped. Her gynecologist recommended a full hysterectomy.

N.S. received three BodyTalk sessions and started experiencing improvement. Pain and bleeding decreased, and she was able to stop taking birth control pills. On March 6, 2006, approximately one year after her first BT session, an ultrasound examination confirmed the uterine fibroids had significantly shrunk and had nearly disappeared. Follow up gynecological reports and exams verified that she no longer needed a hysterectomy.

# PRACTITIONER CASE STUDY FORM

**Client Name:** N.S.

**Client Age:** 54

**Client sex:** Female

---

**Total number of BodyTalk sessions for the symptoms listed below:** 7

**Date of initial session:** February 10, 2005

**Date of final session:** September 27, 2005

---

**Client's complaints:** Uterine fibroids

---

**How long did the client have the symptoms prior to the first session:** Many years

---

**What other types of therapies had the client tried before BodyTalk:** Birth control pills to control bleeding.

---

**Was the client having any other therapies at the same time they were receiving BodyTalk?** no

---

**If the client had more than one BodyTalk session for the symptoms listed above, what were the interim results?**

Subjective (what the client stated): feels better.

---

**What were the results after the final or last BodyTalk session:**

Subjective: Patient feels better, bleeding improved.

Objective: After the seventh treatment, Pelvic ultrasound demonstrates that fibroid has shrunk significantly. Patient stopped using birth control pills.

---



# CASE STUDIES

**Patient:** K.M.M.

**Practitioner:** Liliam May

## Case Study Summary

Patient K.M.M., a 42-year-old woman, complained of excessive menstrual bleeding, which began in 2006. She was diagnosed with adenomyoses with polypoid hyperplasia (uterine fibroids). She also had anemia, hormonal imbalance and weight gain. A hysterectomy was recommended.

After exhausting all available treatment options, she consulted with Brazilian BodyTalk practitioner, Liliam May, a BT gynecologist, in November, 2007. Two months after this first session, the patient underwent follow up exams which showed significant hemorrhagic improvement. Her hormonal levels had also stabilized.

Nine months later, the patient had a second, follow-up BodyTalk session with Dr. May. Three months after this second session she began losing weight and new medical exams showed there was no longer any abnormality within the uterus, and consequently, the hysterectomy was no longer necessary. The hemoglobin levels had returned to normal and the adenomyoses with the polypoid hyperplasia were gone. The myometrium was also normal, and the tissue growth had stopped.

# PRACTITIONER CASE STUDY FORM

**Client Name:** K.M.M.

**Client Age:** 42

**Client sex:** Female

---

**Total number of BodyTalk sessions for the symptoms listed below:** 2

**Date of initial session:** November 2007

**Date of final session:** August 2008

---

**Client's complaints:** Menstrual bleeding. Adenomyosis. Over weight. Anemia.

---

**How long did the client have the symptoms prior to the first session:** Since 2006.

---

**What other types of therapies had the client tried before BodyTalk:** none.

---

**Was the client having any other therapies at the same time they were receiving BodyTalk?** no

---

**If the client had more than one BodyTalk session for the symptoms listed above, what where the interim results?**

**Objective** (changes in medications, changes noted on x-rays, other medical reports or measurements taken): After the first session she returned 2 months later just to show some tests, already referring to a clinical improvement hemorrhagic. Complete blood count (CBC) showed a marked recovery compared to the previous examination (35.8% of hematocrit) an all hormones were within normal limits. I asked her to do a regular checkup by Ultrasonography.

---

**What were the results after the final or last BodyTalk session:**

**Objective:** Three months later she was losing weight very well, and brought a new examination, which had no longer any abnormality.

---



# CASE STUDIES

**Patient:** K.B.

**Practitioner:** Janet Galipo

## Case Study Summary

K.B. started gymnastics training at age 11. In early 2003, he began experiencing severe back pain. The first x-ray that was conducted at Jackson Memorial Hospital in Miami indicated there was no spinal fracture. K.B. continued his training despite being in severe pain. His team managed to win the Florida finals for the Men's Junior Olympic Team and the USA Regional finals. He then went on to become one of the top 18 gymnasts in the U.S. which won him a place at the Olympic Training Center in Colorado. Although he had qualified and travelled there in May 2003, he wasn't able to compete due to excruciating back pain. The medical specialist at the Olympic Training Center ordered an MRI which showed a hairline fracture in the lumbar region. Follow up appointments with orthopedic specialists indicated that K.B.'s gymnastic career was over and that he was a candidate for surgery and/or a one year body cast.

Determined to avoid surgery, he tried many different healing modalities including Chiropractic, Acupuncture, and Hoshino Therapy, none of which helped significantly. After consulting a sports medicine orthopedic specialist at the University of Miami, a CT examination was performed on August 12, 2004 which indicated a unilateral pars fracture on the left at L5. The specialist offered an electronic back stimulator to help heal the L5 fracture. After several months, the pain had not subsided and a follow up visit with the specialist confirmed there was no improvement in his condition.

On November 4, 2004 K.B. went to see Dr. Janet Galipo for his first BodyTalk session and began experiencing improvement. After five BT sessions which took place between November, 2004 and January, 2005, Dr. Galipo referred him for a second CT scan which was conducted on January 17, 2005 which revealed that the fracture had healed. The orthopedic specialist was happy but surprised. K.B. returned to gymnastics and began competing in December, 2006.

# PRACTITIONER CASE STUDY FORM

**Client Name:** K.B.

**Client Age:** 15

**Client sex:** Male

---

**Total number of BodyTalk sessions for the symptoms listed below:** 2

**Date of initial session:** November 4, 2004

**Date of final session:** December 16, 2004

---

**Client's complaints:** Back pain. Fracture at L5

---

**How long did the client have the symptoms prior to the first session:** Since March 2003.

---

**What other types of therapies had the client tried before BodyTalk:** Chiropractic, Acupuncture, Hoshino Therapy, Sports specialist (electronic back stimulator)

---

**Was the client having any other therapies at the same time they were receiving BodyTalk?** no

---

**If the client had more than one BodyTalk session for the symptoms listed above, what were the interim results?**  
**Subjective (what the client stated):** after his first session patient was feeling ok. After second session patient feels better.

---

**What were the results after the final or last BodyTalk session:**

**Subjective:** back pain improved.

**Objective:** Dr. Galipo referred K.B. for a second CT scan which was conducted on January 17, 2005 revealing some subtle changes in the pars on the left at L5, which may have represented healed pars defect, but did not indicate fracture.

---



# CASE STUDIES

**Patient:** E.G.

**Practitioner:** Laya Seghi

## Case Study Summary

E.G. had been consistently experiencing epileptic seizures since he was 7 years old. On average he would have about 5 grand mal seizures every month. E.G. was receiving regular psychotherapy sessions with Dr. Ronald Rosenthal, and also had consultations with a neurologist, Dr. Richard E. Ramsay. He had been connected to a Vagus nerve stimulator since September 2008, all in an attempt to control the severity and frequency of his seizures.

He began seeing Certified BodyTalk Practitioner Laya Seghi for BodyTalk treatments on June 15, 2009. Since June 15, he has not experienced a single seizure and has been disconnected from his Vagus nerve stimulator. His progress is still being monitored.

# PRACTITIONER CASE STUDY FORM

**Client Name:** E.G.

**Client Age:** 37

**Client sex:** Male

---

**Total number of BodyTalk sessions for the symptoms listed below:** Ongoing

**Date of initial session:** June 15, 2009

**Date of final session:** N/A

---

**Client's complaints:** Epileptic seizures

---

**How long did the client have the symptoms prior to the first session:** Since he was 7 years old.

---

**What other types of therapies had the client tried before BodyTalk:** Psychotherapy, Neurologist, Vagus Nerve stimulator, biofeedback.

---

**Was the client having any other therapies at the same time they were receiving BodyTalk?** Vagus nerve stimulator

---

**If the client had more than one BodyTalk session for the symptoms listed above, what were the interim results?**

**Subjective (what the client stated):** patient has not experienced any more seizures.

**Objective:** Patient has not experienced any more seizures, and he was disconnected from his vagus nerve stimulator.

---



# CASE STUDIES

**Patient:** R.R.

**Practitioner:** Anna Gibson

## Case Study Summary

R.R. severely injured (almost severed) his left Achilles tendon while at the beach. Fortunately for him, there was a new BodyTalk practitioner right beside him who had just completed the first level of BT training a few weeks before. Although he was quite skeptical, she gave him an immediate session in order to help stabilize him. He was then taken to the hospital where hospital physicians recommended emergency surgery to reattach the tendon.

Due to multiple tests being conducted, he missed his operating room "slot" and his case was taken over by another physician. This doctor ordered a second scan which revealed that "a tiny piece of the tendon was still attached." The physician then decided to cast it and to re-examine him in two weeks time. Meanwhile, the client, who had been very skeptical in the beginning, was willing to receive more BT sessions during this two week period because he said he felt his leg was healing.

When he went to the hospital in two weeks time, the follow up CT scan of his left foot revealed that his Achilles tendon was completely healed and that the patient had full range of motion. The examining physician brought in a second physician for a consult as he had never seen this before and the second physician insisted, despite the CT scan, that the patient's leg be re-casted since it was not possible for a tendon to heal in such a short period of time. The patient went home with his leg throbbing and realized that the doctor has put the cast on too tightly and it was cutting off his circulation! He then went back to his normal routine (minus the cast). Three weeks later, he went to the hospital for a final check. The doctor was amazed at his recovery and said "with physiotherapy, you will be playing golf again in 6 weeks! The patient confessed that, in fact, he had played 18 holes the previous day.

# PRACTITIONER CASE STUDY FORM

**Client Name:** R.R.

**Client Age:** 36

**Client sex:** Male

---

**Total number of BodyTalk sessions for the symptoms listed below:** 3

**Date of initial session:** July 30, 2008

**Date of final session:** August 13, 2008

---

**Client's complaints:** Left Achilles tendon tear.

---

**How long did the client have the symptoms prior to the first session:** Patient snapped Achilles tendon and received his first treatment the same day.

---

**What other types of therapies had the client tried before BodyTalk:** CT scan performed the same day of injury, and leg cast.

---

**Was the client having any other therapies at the same time they were receiving BodyTalk?** No.

---

**If the client had more than one BodyTalk session for the symptoms listed above, what were the interim results?**

**Subjective (what the client stated):** He felt a burning sensation while he was receiving the BT treatment and later said he could feel his leg healing.

---

**What were the results after the final or last BodyTalk session?**

**Objective:** Achilles tendon was completely healed 2 weeks after the injury.

---



# CASE STUDIES

**Patient:** C.H.

**Practitioner:** Janet Galipo

## Case Study Summary

C.H. was diagnosed with multiple myeloma, a cancer primarily involving the bone marrow and bone, in July 1998. In July 1999, she applied for disability based on her condition. Her application was accompanied by a letter from her oncologist stating "she has experienced intractable skull pain for one year, significant weight loss, and cachexia of unknown etiology." In January, 2001, approximately one and one half years later, a second oncologist wrote: "She is disabled. She has multiple myeloma....and has experienced intractable skull pain for 2 1/2 years."

Three years after her initial diagnosis, she began receiving BodyTalk sessions. At this time, she was still on chemotherapy and experiencing multiple symptoms including skull pain, bone pain, fatigue, GI distress, neuropathy in the extremities, and depression. Her improvements have been dramatic over the years. She feels stronger, more balanced, and emotionally happier.

She has received numerous BT sessions since 2001 and has been off all chemotherapy for many years. She is in remission from multiple myeloma with a drastic reduction in all symptoms. All laboratory tests including IGA levels, CT and Brain scans, white blood counts, hematocrit levels, and platelet counts all attest to her remission. Her oncologist reports, "The best parameter for active disease is the M-component/serum immunoglobulin, which has been near normal levels. This is particularly remarkable since, at diagnosis, she had an IGA level of 6800 mg."

# PRACTITIONER CASE STUDY FORM

**Client Name:** C.H.

**Client Age:** 56

**Client sex:** Female

---

**Total number of BodyTalk sessions for the symptoms listed below:** Ongoing

**Date of initial session:** May 2001

**Date of final session:** N/A

---

**Client's complaints:** Diagnosed in 1998 with Multiple Myeloma. Skull pain, bone pain, fatigue, GI distress, neuropathy in extremities, compromised immune system, some depression.

---

**How long did the client have the symptoms prior to the first session:** 3 years.

---

**What other types of therapies had the client tried before BodyTalk:** Under treatment at Comprehensive Cancer Clinic. Regular visits to oncologists, went into remission with Thalidomide, monthly infusions of Bisphosphonates. Nutrition. Acupuncture.

---

**If the client had more than one BodyTalk session for the symptoms listed above, what were the interim results?**

**Subjective (what the client stated):** She felt more hope and focus, less incidence of depression and less GI distress.

---

**What were the results after the final or last BodyTalk session?**

**Subjective:** After the most recent BodyTalk treatment, I continue to be in remission for MM without receiving any additional medical treatment - which is highly unusual. Skull pain and bone pain has lowered. I feel less GI distress and less fatigued. I feel more balanced. I am starting to feel stronger.

---

**List any other changes the client noticed that were not part of their original complaints:** I have endured some traumatic incidents that have affected me adversely psychologically. I am in the process of healing from these as a result of

---